

$$\langle H \rangle_{\Phi} \Big|_{\text{min}} = \frac{\hbar^2}{2m} \left(\frac{3m^2 \omega^2}{\hbar^2} \right)^{1/2} + \frac{3}{2} m \omega^2 \left(\frac{\hbar^2}{3m\omega^2} \right)^{1/2}$$

$$= \hbar \omega \left\{ \frac{\sqrt{3}}{2} + \frac{3}{2} \frac{1}{\sqrt{3}} \right\} = \sqrt{3} \hbar \omega$$

COMPARE: EXACT ANSWER $E_0 = \frac{3}{2} \hbar \omega$

$$\frac{3}{2} = 1.5$$

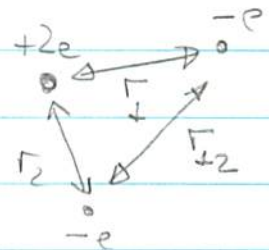
$$\sqrt{3} = 1.73$$

\Rightarrow 15% HIGH

GROUNDSTATE OF HELIUM

• HAMILTONIAN

$$H = \frac{P_1^2}{2m} + \frac{P_2^2}{2m} - \frac{2e^2}{r_1} - \frac{2e^2}{r_2} + \frac{e^2}{r_{12}}$$



• PROBLEM: e-e INTERACTION \rightarrow 3-BODY PROBLEM

• WAVE FUNCTION: $\Psi_{w_1, w_2}(r_1, r_2)$

• CAN IGNORE SPIN (GS ONLY) $\Psi_{w_1, w_2}(r_1, r_2) \sim (\uparrow\downarrow - \downarrow\uparrow) \times \Psi(r_1, r_2)$

• VARIATIONAL ANSATZ

$$\Psi(r_1, r_2) = \phi(r_1) \phi(r_2) \sim e^{-\alpha(r_1 + r_2)}$$

NOTE: EXACT FOR $V_{12} = 0$

NORMALIZATION

$$\begin{aligned}
 \langle 4|4 \rangle &= \int d^3r_1 \int d^3r_2 \phi^*(r_1) \phi(r_1) \phi^*(r_2) \phi(r_2) \\
 &= \left[\int d^3r \phi^*(r) \phi(r) \right]^2 \quad \text{AS IN H.O. EXAMPLE} \\
 &= \left[\int d^3r e^{-2\alpha r} \right]^2 = \left(\frac{\pi}{\alpha^3} \right)^2 = \frac{\pi^2}{\alpha^6}
 \end{aligned}$$

POTENTIAL ENERGY $\langle V_1 \rangle = \langle V_2 \rangle$

$$\begin{aligned}
 \langle V_2 \rangle &= \langle 4 | \left(-\frac{2e^2}{r_2} \right) | 4 \rangle \\
 &= -2e^2 \int d^3r_1 \int d^3r_2 e^{-2\alpha r_1} \frac{1}{r_2} e^{-2\alpha r_2} \\
 &= (-2e^2) \cdot \left(\frac{\pi}{\alpha^3} \right) \cdot \frac{4\pi}{(2\alpha)^2} \int x dx e^{-x} \\
 &= (-2e^2) \frac{\pi^2}{\alpha^5}
 \end{aligned}$$

INTERACTION

$$\begin{aligned}
 \langle V_{12} \rangle &= e^2 \int d^3r_1 \int d^3r_2 e^{-2\alpha(r_1+r_2)} / r_{12} \\
 &= \frac{e^2}{(2\alpha)^5} \int d^3x_1 \int d^3x_2 e^{-(x_1+x_2)} / x_{12}
 \end{aligned}$$

CAN BE DONE IN SPH. COORDINATES

$$2\pi \int d(\cos\theta) \int x_1^2 dx_1 \int x_2^2 dx_2 e^{-x_2} / [x_1^2 + x_2^2 + 2x_1x_2\cos\theta]^{3/2}$$

$$\int d(\cos\theta) \frac{1}{[x_1^2 + x_2^2 + 2x_1x_2\cos\theta]^{3/2}} = \frac{1}{x_1x_2} [x_2^2 + x_1^2 + 2x_1x_2\cos\theta]^{-1/2} \Big|_{-1}^1$$

$$= \frac{1}{x_1x_2} \{ |x_1+x_2| - |x_1-x_2| \}$$

$$= \begin{cases} 2/x_2 & x_1 < x_2 \\ 2/x_1 & x_2 < x_1 \end{cases}$$

NOTE: YOU CAN GET THIS FROM GAUSS' LAW

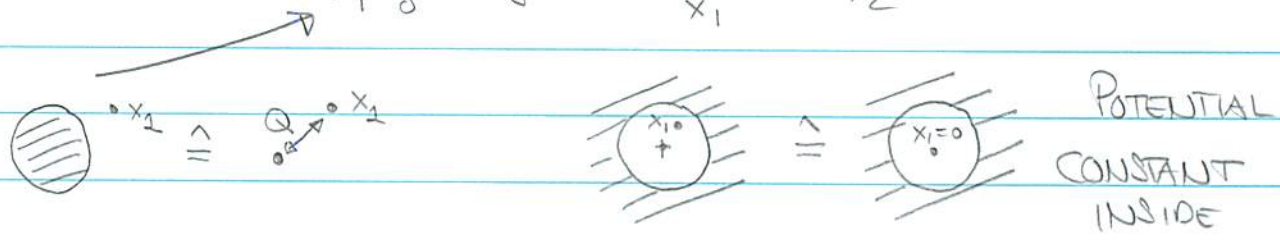
$$\int d^3x_2 \frac{e^{-x_2}}{x_{12}} \equiv \int d^3x_2 \frac{\rho(x_2)}{x_{12}} \equiv \text{POTENTIAL AT } x_1$$

DUE TO CHARGE DISTRIBUTION $\rho(x_2) \equiv e^{-x_2}$

WRITE

$$\int d^3x_2 \frac{\rho(x_2)}{x_{12}} = \int_{x_2 < x_1} d^3x_2 \frac{\rho(x_2)}{x_{12}} + \int_{x_1 < x_2} d^3x_2 \frac{\rho(x_2)}{x_{12}}$$

$$= \frac{1}{x_1} \int_0^{x_1} d^3x_2 \rho(x_2) + \int_{x_1}^{\infty} d^3x_2 \frac{\rho(x_2)}{x_2}$$



GET

$$\int d^3x_2 \frac{e^{-x_2}}{x_{12}} = 4\pi \left\{ \frac{1}{x_1} \int_0^{x_1} x_2^2 dx_2 e^{-x_2} + \int_{x_1}^{\infty} x_2^2 dx_2 \frac{1}{x_2} e^{-x_2} \right\}$$

$$= 4\pi \left\{ \left(\frac{2}{x_1} - e^{-x_1} \left(\frac{2}{x_1} + 2 + x_1 \right) \right) + e^{-x_1} (1 + x_1) \right\}$$

$$= 4\pi \left\{ \frac{2}{x_1} - \frac{2}{x_1} e^{-x_1} - e^{-x_1} \right\}$$

INTEGRAL OVER x_1

$$\begin{aligned}
& \int_0^3 \int_0^3 \frac{e^{-x_1} e^{-x_2}}{x_{12}} \\
&= (4\pi)^2 \int_0^3 x_1^2 dx_1 e^{-x_1} \left\{ \frac{2}{x_1} - \frac{2}{x_1} e^{-x_1} - e^{-x_1} \right\} \\
&= (4\pi)^2 \left\{ 2 \int_0^3 x dx e^{-x} - 2 \int_0^3 x dx e^{-2x} - \int_0^3 x^2 dx e^{-2x} \right\} \\
&= (4\pi)^2 \left\{ 2 \int_0^3 x dx e^{-x} - \frac{1}{2} \int_0^3 x dx e^{-x} - \frac{1}{8} \int_0^3 x^2 dx e^{-x} \right\} \\
&= (4\pi)^2 \left\{ 2 - \frac{1}{2} - \frac{1}{4} \right\} = (4\pi)^2 \frac{5}{4}
\end{aligned}$$

$$\psi \langle V_{12} \rangle = e^2 \cdot \frac{\pi^2}{32\alpha^5} \cdot 16\pi^2 \cdot \frac{5}{4} = \frac{5\pi^2}{8\alpha^5} e^2$$

• FINALLY $\langle T_1 \rangle = \langle T_2 \rangle$

$$\begin{aligned}
\langle T_1 \rangle &= \int_0^3 \int_0^3 \left(\frac{\hbar^2}{2m} \right) (\nabla e^{-\alpha r_{12}})^2 \int_0^3 \int_0^3 e^{-2\alpha r_{12}} \\
&= \frac{\hbar^2}{2m} \cdot \frac{\pi}{\alpha} \cdot \frac{\pi}{\alpha^3} = \frac{\hbar^2}{2m} \frac{\pi^2}{\alpha^4}
\end{aligned}$$

• Sum

$$\begin{aligned}
\langle H \rangle &= \left[2\langle T_1 \rangle + 2\langle V_1 \rangle + \langle V_{12} \rangle \right] \cdot \frac{\alpha^6}{\pi^2} \\
&= \left[\frac{\hbar^2}{m} \frac{\pi^2}{\alpha^4} - 4e^2 \frac{\pi^2}{\alpha^5} + \frac{5\pi^2}{8\alpha^5} e^2 \right] \cdot \frac{\alpha^6}{\pi^2} \\
&= \left[\frac{\hbar^2}{m} \frac{\pi^2}{\alpha^4} - \frac{27}{8} e^2 \frac{\pi^2}{\alpha^5} \right] \frac{\alpha^6}{\pi^2} = \frac{\hbar^2}{m} \alpha^2 - \frac{27}{8} e^2 \alpha
\end{aligned}$$

$$\frac{\partial \langle H \rangle}{\partial \alpha} = 2 \frac{a^2}{m} \alpha - \frac{27}{8} e^2 = 0$$

$$\leadsto \alpha = \frac{27}{16} \frac{e^2 m}{a^2}$$

$$\begin{aligned} \leadsto \langle H \rangle &= \frac{a^2}{m} \left(\frac{27}{16} \right)^2 \frac{e^4 m^2}{a^4} - \frac{27}{8} e^2 \cdot \frac{27}{16} \frac{e^2 m}{a^2} \\ &= - \left(\frac{27}{16} \right)^2 \frac{e^4 m}{a^2} \end{aligned}$$

NOTE: NEGLECT INTERACTION $27 \rightarrow 32$

$$\langle H \rangle = -4 \frac{e^4 m}{a^2} = -8 \frac{e^4 m}{2a^2} = -8 \times 13.6 \text{ eV}$$

$$\leadsto B_0 = -108.8 \text{ eV}$$

$$B_{\text{TRIAL}} = - \left(\frac{27}{32} \right)^2 108.8 \text{ eV} = \underline{\underline{-77.5 \text{ eV}}}$$

$$B_{\text{EXP}} = \underline{\underline{-78.97 \text{ eV}}}$$

NOTE: EXACT ENERGY LOWER; ERROR 2%

ALSO NOTE: CAN INTERPRET RESULTS IN TERMS OF EFFECTIVE CHARGE

$$E_0 = -2 \frac{z_{\text{eff}}^2}{a^2} \frac{e^4 m}{2} \quad \leadsto \quad z_{\text{eff}} = \frac{27}{16} \approx 1.68$$

\leadsto SCREENING REDUCES $Z=2 \rightarrow z \approx 1.7$