Nearly Perfect Fluidity: From Cold Atoms to Hot Quarks

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RHIC serves the perfect fluid



Heavy Ion Collisions are very complicated (timedependent, strongly correlated quantum many body physics), but at RHIC & LHC a very simple theory appears to work.

παντα ρει (everything flows) Heraclitus of Ephesus, 535 - 475 BC

In this talk I will try to address the questions "Why?" and "How general is this phenomenon?".

Hydrodynamics

Hydrodynamics (undergraduate version): Newton's law for continuous, deformable media.



Fluids: Gases, liquids, plasmas, ...

Hydrodynamics (postmodern): Effective theory of non-equilibrium long-wavelength, low-frequency dy-namics of any many-body system.



 $\tau \gg \tau_{micro}$: Dynamics of conserved charges. Water: $(\rho, \epsilon, \vec{\pi})$

Simple non-relativistic fluid

Simple fluid: Conservation laws for mass, energy, momentum

$$\begin{aligned} \frac{\partial \rho}{\partial t} &= -\vec{\nabla}(\rho \vec{v}) & \frac{\partial \epsilon}{\partial t} &= -\vec{\nabla} \vec{j}^{\epsilon} \\ \frac{\partial}{\partial t}(\rho v_i) &= -\nabla_j \Pi_{ij} \end{aligned}$$

mass × acceleration = force

Constitutive relations: Stress tensor

$$\Pi_{ij} = P\delta_{ij} + \rho v_i v_j + \eta \left(\nabla_i v_j + \nabla_j v_i - \frac{2}{3}\delta_{ij}\nabla_k v_k\right) + O(\nabla^2)$$

reactive dissipative 2nd order

Expansion
$$\Pi^0_{ij} \gg \delta \Pi^1_{ij} \gg \delta \Pi^2_{ij}$$

Regime of applicability

Expansion parameter
$$Re^{-1} = \frac{\eta(\partial v)}{\rho v^2} = \frac{\eta}{\rho L v} \ll 1$$

$$\frac{1}{Re} = \frac{\eta}{\hbar n} \times \frac{\hbar}{mvL}$$
fluid flow
property property



_1

Note: Bacteria swim in the regime $Re^{-1} \gg 1$ but $Ma^2 \cdot Re^{-1} \ll 1$.

Breakdown of fluid dynamics

Fluid dynamics is a universal theory but the breakdown of hydro, the emergence of non-hydrodynamic modes, is not.

Two extreme cases: Non-interacting particles or strongly collective, but non-hydrodynamic ($\omega_m(q \to 0) \neq 0$) modes.

Ballistic motion



Quasi-normal modes



Shear viscosity and friction

Momentum conservation at $O(\nabla v)$

$$\rho\left(\frac{\partial}{\partial t}\vec{v} + (\vec{v}\cdot\vec{\nabla})\vec{v}\right) = -\vec{\nabla}P + \eta\nabla^2\vec{v}$$

Navier-Stokes equation

Viscosity determines shear stress ("friction") in fluid flow



Kinetic theory

Kinetic theory: conserved quantities carried by quasi-particles. Quasi-particles described by distribution functions f(x, p, t).

$$\frac{\partial f_p}{\partial t} + \vec{v} \cdot \vec{\nabla}_x f_p + \vec{F} \cdot \vec{\nabla}_p f_p = -C[f_p]$$

$$C[f_p] = -C[f_p]$$



Shear viscosity corresponds to momentum diffusion



$$\eta \sim \frac{1}{3} n \, \bar{p} \, l_{mfp}$$

Shear viscosity: Low density limit

Weakly interacting gas, $l_{mfp} \sim rac{1}{n\sigma}$

$$\eta \sim \frac{1}{3} \frac{\bar{p}}{\sigma}$$

shear viscosity independent of density

Maxwell (1860): "Such a consequence of the mathematical theory is very startling and the only experiment I have met with on the subject does not seem to confirm it."



Shear viscosity: Additional properties

Non-interacting gas $(\sigma \to 0)$: $\eta \to \infty$

non-interacting and hydro limit ($T \rightarrow \infty$) limit do not commute

Strongly interacting gas:

$$\frac{\eta}{n} \sim \bar{p}l_{mfp} \ge \hbar$$

Quantum bound. But: Kinetic theory mat not be reliable!

And now for something completely different ...





This is an irreversible process, $\Delta S > 0$.

And now for something completely different ...



Ringdown can be described in terms of stretched horizon that behaves as a sheared fluid





Note: Unusual thermodynamics, e.g. ζ , C < 0.

Idea can be made precise using the "AdS/CFT correspondence"

CFT temperature \Leftrightarrow

CFT entropy

Weakly coupled string theory on AdS_5 black hole Hawking temperature of black hole Hawking-Bekenstein entropy \sim area of event horizon



 \Leftrightarrow

Holographic duals: Transport properties



Strong coupling limit universal? Provides lower bound for all theories?

Answer appears to be no; e.g. theories with higher derivative gravity duals.

Perfect Fluids: The contenders





QGP (T=180 MeV)





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Liquid Helium
(T=0.1 meV)
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Perfect Fluids: The contenders





 $\mathsf{QGP}\ \eta = 5\cdot 10^{11} Pa \cdot s$

Trapped Atoms $\eta = 1.7 \cdot 10^{-15} Pa \cdot s$



Liquid Helium $\eta = 1.7 \cdot 10^{-6} Pa \cdot s$

Consider ratios η/s

Perfect Fluids: Not a contender



Queensland pitch-drop experiment 1927-2011 (8 drops) $\eta = (2.3 \pm 0.5) \cdot 10^8 Pa s$

I. QCD and the Quark Gluon Plasma

$$\mathcal{L} = \bar{q}_f (i D - m_f) q_f - \frac{1}{4g^2} G^a_{\mu\nu} G^a_{\mu\nu}$$



Elliptic Flow (QGP)



$$p_0 \left. \frac{dN}{d^3p} \right|_{p_z=0} = v_0(p_\perp) \left(1 + 2v_2(p_\perp) \cos(2\phi) + \ldots \right)$$

Viscosity and Elliptic Flow



Romatschke (2007), Teaney (2003)

Many details: Dependence on initial conditions, freeze out, etc.

conservative bound
$$\frac{\eta}{s} < 0.25$$

Higher moments of flow

Hydro converts moments of initial deformation to moments of flow



Glauber predicts flat initial spectrum ($n \ge 3$). Observed flow spectrum consistent with sound attenuation

$$\delta T^{\mu\nu}(t) = \exp\left(-\frac{2}{3}\frac{\eta}{s}\frac{k^2t}{T}\right)\delta T^{\mu\nu}(0)$$

Everything flows (including p+Pb, and maybe even p+p)

Signatures of collective expansion (radial and elliptic flow) in high multiplicity p+Pb collisions.



Further evidence for short mean free path? Or suppression of non-hydrodynamic modes?

II. Dilute Fermi gas: BCS-BEC crossover

$$\mathcal{L}_{\text{eff}} = \psi^{\dagger} \left(i\partial_0 + \frac{\nabla^2}{2M} \right) \psi - \frac{C_0}{2} (\psi^{\dagger} \psi)^2$$



Unitarity limit

Consider simple square well potential



Unitarity limit

Now take the range to zero, keeping $\epsilon_B \simeq 0$



Feshbach resonances

Atomic gas with two spin states: " \uparrow " and " \downarrow "



Feshbach resonance

 $a(B) = a_0 \left(1 + \frac{\Delta}{B - B_0} \right)$

Fermi gas at unitarity: Field Theory

Non-relativistic fermions at low momentum

$$\mathcal{L}_{\text{eff}} = \psi^{\dagger} \left(i\partial_0 + \frac{\nabla^2}{2M} \right) \psi - \frac{C_0}{2} (\psi^{\dagger} \psi)^2$$

Unitary limit: $a \to \infty$ (DR: $C_0 \to \infty$)

This limit is smooth (HS-trafo, $\Psi = (\psi_{\uparrow}, \psi_{\downarrow}^{\dagger})$

$$\mathcal{L} = \Psi^{\dagger} \left[i\partial_0 + \sigma_3 \frac{\vec{\nabla}^2}{2m} \right] \Psi + \left(\Psi^{\dagger} \sigma_+ \Psi \phi + h.c. \right) - \frac{1}{C_0} \phi^* \phi ,$$



Universal fluid dynamics

Many body system: Effective cross section $\sigma_{tr} \sim n^{-2/3}$ (or $\sigma_{tr} \sim \lambda^2$)



Systems remains hydrodynamic despite expansion

Almost ideal fluid dynamics





Hydrodynamic expansion converts coordinate space anisotropy to momentum space anisotropy



O'Hara et al. (2002)

Determination of $\eta(n,T)$

Measurement of $A_R(t, E_0)$ determines $\eta(n, T)$. But:



The corona is not a fluid. Can we ignore this issue?



No. Hubble flow & low density viscosity $\eta \sim T^{3/2}$ lead to paradoxical fluid dynamics. $\dot{Q} = \int \sigma \cdot \delta \Pi = \infty$

Possible Solutions

Combine hydrodynamics & Boltzmann equation. Not straightforward. Hydrodynamics + non-hydro degrees of freedom (\mathcal{E}_a ; a = x, y, z)

$$\frac{\partial \mathcal{E}_a}{\partial t} + \vec{\nabla} \cdot \vec{j}_a^{\epsilon} = -\frac{\Delta P_a}{2\tau} \qquad \Delta P_a = P_a - P$$
$$\frac{\partial \mathcal{E}}{\partial t} + \vec{\nabla} \cdot \vec{j}^{\epsilon} = 0 \qquad \mathcal{E} = \sum_a \mathcal{E}_a$$

 τ small: Fast relaxation to Navier-Stokes with $\tau=\eta/P$

 τ large: Additional conservation laws. Ballistic expansion.

Anisotropic fluid dynamics analysis



 $A_R = \sigma_x / \sigma_y$ as function of total energy. Data: Joseph et al (2016). $E/(NE_F) \sim 0.6$ is the superfluid transition.

Grey, Blue, Green: LO, NLO, NNLO fit.

$$\eta = \eta_0 (mT)^{3/2} \left\{ 1 + \eta_2 n\lambda^3 + \eta_3 (n\lambda^3)^2 + \ldots \right\}$$

Reconstructed η/n



Red band: This work. Right figure zooms in on $T_C/s\,\sim\,0.17T_F$.

Black points: Same data, simplified theory. Dashed line: T-matrix theory (Enss et al.). Green band: QMC (Bulgac et al.)

$$\eta(T \gg T_c) = (0.28 \pm 0.02)(mT)^{3/2} \qquad \eta_0(th) = \frac{15}{32\sqrt{\pi}} = 0.269$$
$$\eta/n|_{T_c} = 0.41 \pm 0.15 \qquad \eta/s|_{T_c} = 0.56 \pm 0.20$$

The bottom-line

Remarkably, the best fluids that have been observed are the *coldest* and the *hottest* fluid ever created in the laboratory, cold atomic gases (10^{-6}K) and the quark gluon plasma (10^{12}K) at RHIC.

Both of these fluids come close to a bound on the shear viscosity that was first proposed based on calculations in string theory, involving non-equilibrium evolution of back holes in 5 (and more) dimensions.

Quantum limited viscosity and relaxation time explain applicability of fluid dynamics in very small, very short lived systems. Nature of non-hydrodynamic modes remains to be explored.

Outlook: Critical Fluctuations







Historical digressions

Historical digression: Mott's minimal conductivity

(Sir) Nevill Mott predicted that the metal-insulator transition cannot be continuous; there is a minimal conductivity.

Conduction in Non-crystalline Systems IX. The Minimum Metallic Conductivity

> By N. F. MOTT Cavendish Laboratory, Cambridge

> > [Received 27 July 1972]

 $\frac{\sigma}{n^{1/3}} \ge \frac{1}{(3\pi^2)^{2/3}} \frac{e^2}{\hbar}$

This idea is not correct, the metal-insulator transition can be continuous.



Historical digression: Minimal shear viscosity

Danielewicz & Gyulassy argue that the shear viscosity cannot be zero.

PHYSICAL REVIEW D

VOLUME 31, NUMBER 1

1 JANUARY 1985

Dissipative phenomena in quark-gluon plasmas

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than $\langle p \rangle^{-1}$. Requiring $\lambda_i \geq \langle p \rangle_i^{-1}$ leads to the lower bound

$$\eta \geq \frac{1}{3}n \quad , \tag{3.3}$$

where $n = \sum n_i$ is the total density of quanta. What seems amazing about (3.3) is that it is independent of dynamical details. There is a finite viscosity regardless of

Is this idea correct?